Taking an Oral Temperature
1. On the diagram on the right, place the probe tip under the tongue as near as possible to the heat pocket. The diagram also shows the thermometer variable, which is placing the tip in the heat pocket.

Note: Drinking hot or cold fluids, exercising, smoking or performing other activities may cause a false reading.

Cleaning Instructions
1. Before and after each use, clean the thermometer with a soft cloth and 70% isopropyl alcohol do not use COLD or soap water.
2. The use of any other solution or cleaning method beyond the above mentioned is impractical to take an oral or axillary temperature.

Taking a Rectal Temperature
1. After applying the disposable probe cover, apply a water-soluble lubricant to the tip.
2. Gently insert the probe to MAXIMUM of 1/2 into the rectum.
3. When the peak temperature has been reached, the "F" will stop flashing and the thermometer will sound four sets of five quick beeps.
4. To turn the unit off, press the POWER button. The unit will automatically shut off after approximately nine minutes.

Taking a Axillary Temperature
1. The thermometer should only be used under the supervision of an adult.
2. Do not walk, run or talk during temperature taking.
3. Clean the thermometer before and after each use.
4. The unit in the protective case when not in use.
5. Do not bite the probe.
6. Do not store the unit where it will be exposed to direct sunlight, dust or humidity. Avoid extreme temperatures.
7. The battery in your digital thermometer needs to be replaced when the "Ea" symbol appears in the display.
8. Do not attempt to disassemble the unit.
9. Do not attempt to repair the unit. Any repair or modification to the thermometer.